

Topics for Parents in Any Parenting Stage

Dr. Marian Fritzemeier, Ed.D.

Author, Speaker, Educator

NEW Birth Order & Parenting



Ever wonder why children with the same parents are so different? Or why you relate better to one child than another? This workshop helps parents understand how to best connect their own birth order with each child and his/her unique position in the family's birth order. Where a child places in the birth order has a powerful effect on self-esteem, emotional development, and sense of well-being.

Participants will examine: Factors that determine and influence birth order; general characteristics of first born children, middle children, and last born children; and parenting tips for connecting with each child's birth order. Integrated activities provide parents opportunities to understand birth order dynamics and how their birth order affects relationships with their children.

NEW Home for the Holidays

The bumper sticker reads, "Wake me up when the holidays are over." Jostling diaper bags, cribs and young children, eating more than our stomachs can hold, and wrapping endless gifts left my husband and me wishing we'd slept through the holidays instead of celebrating in five different locations. Over the years we learned better ways. This topic helps mothers resolve the stress, exhaustion, and disillusionment they often face during holidays.



Home for the Holidays examines: How good traditions can improve family relationships; possible alternatives for going "home;" tips for celebrating happier holidays; ideas for children's Christmas activities and inexpensive gifts they can create; and keeping Christ the center of Christmas by focusing on others.

Optional: Small group discussion. *Resource Books on Holiday Traditions* available on my web page.

Note: Because of the timeliness of this topic, this presentation must be BEFORE NOVEMBER 1st.

Raising Responsible Adults



New parents ponder milestones like walking, talking, the first day of school, the prom, and graduation from a prestigious college. Many parents dream of the future, but only plan for the present. What's your long-term plan for raising responsible adults?

This presentation helps both single and married parents to: consider raising a child to become both independent and interdependent; create a parenting mission statement; and learn age appropriate responsibilities for children at different developmental stages. Small group activities woven throughout the presentation facilitate parent's planning.

Positive Parenting **UPDATED**

How many times a day do you say, "Don't do that," "Stop it this minute," or, "No, and I mean it"? It's easy to fill your day with nagging. If you sense your kids are tuning you out, they probably are. But there's hope - you can become a more positive parent which facilitates children's responses. In this workshop you will learn 10 reasons parents say no, the child's and adult's world of no's, the challenges of no, how to re-state what you want your child to DO versus telling them what you DON'T want them to do, and 9 other alternatives to "no." Practice time included!



For Questions, Other Topics, and Scheduling Contact:

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