

Topics for Parents of School-Age Children

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Author, Speaker, Educator

The Friendship Factor

What kinds of friends do you want for your children? There are many ways parents can influence their children's friendship choices. Parents explore benefits of friendships; developmental milestones of friendships, ages 5 to 10; and friendship groups, including children at risk. Resource *Books on School-Age Friendships* available on my web page. Optional: Small group discussion.



Behavior Guidance for School-Age Children



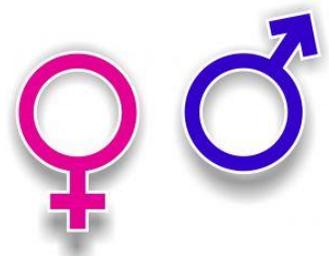
My first grader calls girls names and lies. My third grader loses recess time for classroom misbehavior and throws fits at home. My fifth grader taunts neighborhood kids and refuses to complete chores. My sixth grader is...well, you get the idea. These and other common school-age behavior challenges are addressed in this popular presentation.

Specific guidance principles and techniques are highlighted, including: common school-age behavior challenges; what doesn't work; how choices and decision making can improve behavior; increasing self-regulation; and effective strategies, including: "when...., then....," natural consequences, withdrawal of privileges, and reinforcement. Learn what's behind children's behavior and practical tools that work.

Sex Education Begins at Home: School-Age Children

Is the way you learned about sex how you want your children to learn? When does sex education begin? How are you teaching your children about sexuality and sex education? Even today, many parent feel uncomfortable answering these questions.

This session promotes parents as the primary sex educator source from kindergarten through pre-puberty development. Tips for talking about sexuality and sex, ideas and resources on developmentally appropriate information, and laying the foundation for later sexual decision making are frankly addressed. Optional: Small group discussion and/or God's perspective on sexuality.



Peer Pressure: The School-Age Years

Do you experience peer pressure? Most people do to one degree or another. So what's peer pressure like for our children? This workshop begins by comparing peer pressure "then" and "now." Peer pressure has changed dramatically since you were a kid and is beginning at younger ages.



Parents will explore: parental challenges with peer pressure; what school-age peer pressure looks like; reasons school-age children give in to peer pressure; ten parental roles in reducing negative peer pressure; and teaching children strategies to resist negative peer pressure. Optional: Small group discussion.

For Questions, Other Topics, and Scheduling Contact:

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