

Sex Education Resources for Children, Adolescents, & Parents

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Nav Press Series: God's Design for Sex, Ages 3 to 14

Book 1, Ages 3 to 5: *The Story of Me*, Stan & Breanna Jones, 2007.

Book 2, Ages 5 to 8: *Before I Was Born*, Carolyn Nystrom, 2007.

Book 3, Ages 8 to 11: *What's the Big Deal? Why God Cares About Sex*, Stan & Breanna Jones, 2007.

Book 4: Ages 11 to 14: *Facing the Facts: The Truth About Sex and You*, Stan & Breanna Jones, 2007.

Concordia Series: Learning About Sex, Ages 4-18 & Parents

How to Talk Confidently With Your Child About Sex: For Parents, Lenore Buth, 2008.

Why Boys & Girls Are Different: For Boys ages 4-6 and Parents, Carol Greene, 2008.

Why Boys & Girls Are Different: For Girls Ages 4-6 and Parents, Carol Greene and Michelle Dorenkamp, 2008.

Where Do Babies Come From?: Boy's Edition, Hummel and Janet McDonnell, 2008.

Where Do Babies Come From?: For Girls Ages 7-9, Ruth Hummel and Janet McDonnell, 2008.

How You Are Changing: For Boys Ages 10-12 and Parents, Jane Graver and Len Ebert, 2008.

How You Are Changing: For Girls Ages 10-12 and Parents, Jane Graver and Len Ebert, 2008.

Sex & the New You: for Young Women Ages 13 – 15, Richard Bimler, 2008.

Sex and the New You: For Young Men Ages 13-15, Rich Bimler, 2008.

Love, Sex, & God: For Young Men Ages 15 and Up, Bill Ameiss and Jane Graver, 2008.

Love, Sex, & God: Girl's Edition, Bill Ameiss and Jane Graver, 2008.

Additional Books & Resources:

A Chicken's Guide to Talking Turkey With Your Kids About Sex, Dr. Kevin Leman & Kathy Flores Bell. Zondervan, 2004. I just discovered this book at the public library. Bell is a co-founder of a hospital's sexuality program and adds much content on teaching children & adolescents. I especially like the

activities that use common household items to show how parts of the body work. Excellent sections on menstruation & the male reproductive system. Also focuses on hygiene for 4-5th graders.

Hooked: New Science is How Casual Sex is Affecting Our Children, Joe S. McIlhane Jr. & Freda McKissic Bush, Northfield Publishing, 2008.

Passport 2 Purity, Dennis & Barbara Rainey, Family Life Publishing, 2004. Includes: 5 CD Audio Tour; Tour Guide (Parent); Adventure Journal (Child); & My Passport.

Preparing for Adolescence: How to Survive the Coming Years of Change, Dr. James Dobson, Gospel Light, 2006.

Teaching Your Children the Truth about Sex: Discussing Sexuality with Your Children, Through Adulthood, Dr. Richard Robbins, Charisma House, 2006.

*10 Questions Kids Ask About Sex: *Knowing What to Say*Guiding Them to Wise Decisions*Giving Age-Appropriate*

Other Books on Sex Education with Comments

What's Happening to My Body? Book for Girls: Revised Edition, Lynda Madaras, Area Madaras, & Simon Sullivan, New Market Press, 1983; 2007. Girls ages 10 & up. Note: I would not use this book with young girls or early adolescents. Excellent resource for parents. Very detailed and includes drawings.

What's Happening to My Body? Book for Boys: Revised Edition, Lynda Madaras, Area Madaras, & Simon Sullivan, New Market Press, 1983; 2007. Boys ages 10 & up. Note: An earlier edition was titled, *What's Happening to My Body? Book for Boys: A Growing-Up Guide for Parents and Sons*, which was a more appropriate title. I would not use this book with young boys or early adolescents. Excellent resource for parents. Very detailed and includes drawings.

Developmental Disabilities and Teaching Sex Ed: A booklet for teaching teens with special needs, Sexpressions Sex Ed, 2011. Note: This is the first time I've seen a book like this. There were only limited pages to preview on Amazon.com. If you read this book, I'd love your feedback.

Asperger's Syndrome And Sexuality: From Adolescence Through Adulthood, Isabelle Henault, Jessica Kingsley Publishers, London, UK, 2006. Note: Again, another newer book for newer issues. Amongst other topics, includes: sexual diversity, sexual orientation, and gender identity. There were only limited pages to preview on amazon.com. If you read this book, I'd appreciate your feedback.