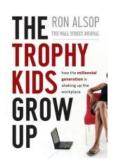
Books for Educators

Dr. Marian Fritzemeier, Ed.D. ©2014

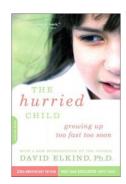
Author, Speaker & Educator

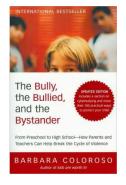


The Trophy Kids Grow Up: How the Millennial Generation is Shaking up the Workplace, Ron Alsop, Jossey-Bass, 2008. If you work with young people who were born between 1980 and 2001, information about the Millennial Generation explains about this new kind of student, worker, and global citizen. These children received "trophies" or rewards for most everything they've ever done. You may recognize these traits in some of your younger colleagues.

The message in the original 1981 book was, "Give childhood back to children." As a child development specialist, Elkind's message echoes mine. Unfortunately, in his revised edition, the 3rd edition, and now the 25th anniversary edition, the prefaces to his books sadly state that children are increasingly hurried. This book is counter culture to our hurried society which is exactly why I like it. Let's give childhood back to our children. They deserve nothing less.

The Hurried Child: Growing up too fast too soon, 25th Anniversary Edition, David Elkind, Ph.D., Da Capo Press, 2007.

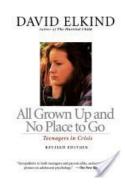




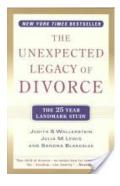
The Bully, the Bullied, and the Bystander: From Preschool to High School--How Parents and Teachers Can Help Break the Cycle of Violence, Barbara Coloroso, Harper Collins, updated version 2009.

Many educators deal with bullying behaviors. Though there are many books on bullying I like this one the best because it includes all participants. First, the child being bullied; second, the victim of bullying, the bullied; and third, the bystander, those who observe bullying and do nothing about it. This book is an easy read and filled with practical ways for parents and teachers to help break the cycle of violence.

This is the sequel to *The Hurried Child*. This three part book is divided into Needed: A Time to Grow; Given: A Premature Adulthood; and Results: Stress and Its Aftermath. The book is well documented with references. If you're an educator who has contact with teenagers, this book is a must read. No one explains the cultural changes and how they've negatively affected adolescents like psychologist David Elkind.



All Grown Up and No Place to Go: Teenagers in Crisis, David Elkind, De Cappo Press, Revised Edition 1998.

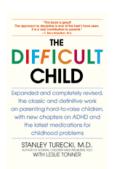


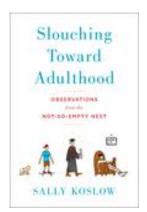
The Unexpected Legacy of Divorce: A 25 Year Landmark Study by Judith S. Wallerstein, Julia M. Lewis, & Sandra Blakeslee, New York: Hyperion 2000.

Many of our students come from divorced homes. Read what a researcher discovered about divorce. Twenty five years ago, the general population was told that children and teens adjust to divorce within five years after their parent's divorce. The controversial, New York Times Bestselling book, *The Unexpected Legacy of Divorce: The 25 Year Landmark Study*, came along in 2000 and tells a different story. A story that is difficult to process and challenges American society's beliefs about divorce.

You're working with a student's parents who have tried everything. They've read all the parenting books. They've attended parenting classes. Nothing seems to work. Read this book and you'll likely recommend it to struggling parents. This is the book I most frequently loan to parents and frequently it doesn't get returned. The author had two "perfect" children; then a third child was born. This book features ten different traits that can contribute to making a child's behavior more challenging and helps parents understand the child's needs.

The Difficult Child, Stanley Turecki, M.D. with Leslie Tonner, Bantam Books, 2000.





Slouching Toward
Adulthood: Observations
from the Not-So-Empty
Nest, Sally Koslow,
Viking Penguin Group,
2012.

I found this book so engaging. It's flagged with countless Post-it Notes and comments written throughout the book. This thirteen chapter book provides a picture of college graduates returning home and living with their parents another decade or so. This is an excellent book for educators as it portrays what's going on in students' homes today. It gives a solid picture of the current generation of "adultescents" who can't live independently. What skills can you teach your students to avoid this crisis?