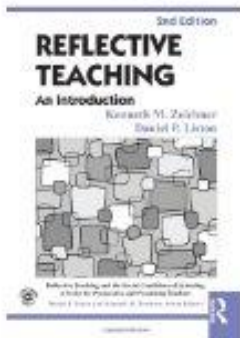


## Books for Reflective Teachers

Compiled by Dr. Marian Fritzemeier, Ed.D. June 21, 2015

These books focus on the teacher and reflection, not on using reflection with students. All quotes are from Amazon books.



### • *Reflective Teaching: An Introduction*

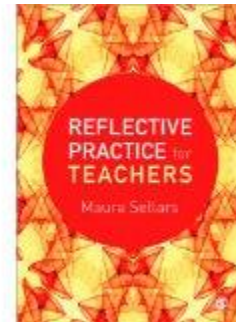
"... this popular text provides a clear, succinct explanation of how reflection is integral to teachers' understandings of themselves, their practice, and their context, and elaborates how various conceptions of reflective teaching differ from one another. . . Its core message is that such reflection is essential to becoming more skilled, more capable, and in general better teachers."

By Kenneth M. Zeichner & Daniel P. Liston. Routledge, 2013, 2nd Edition. 144 pages. Hardcover, paperback & Kindle. Reflective Teaching and the Social Conditions of Schooling Series.

### *Reflective Practice for Teachers*

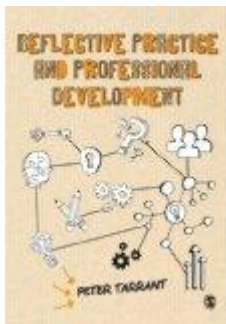
Note: This book is written for pre-service teachers, but can be helpful for experienced teachers learning about teacher reflection.

"...This book encourages pre-service teachers to develop habits of reflection that will guide their achievement of an authentic teacher identity... An essential aspect of teaching is being able to reflect on your own practice and analyze your professional actions, and use this process to develop as a successful teacher." Includes, "what does this mean to you" questions.



By Maura Sellars. Sage Publications Ltd, 2013, 1st edition. 288 pages. Hardcover, paperback & Kindle.

### *Reflective Practice and Professional Development*

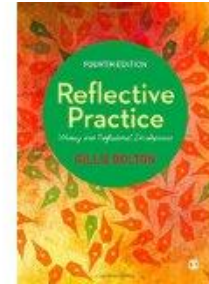


"The connections between reflective practice and professional development are the focus for this book, which offers guidance to support lasting change and provides strategies to enable self-initiated professional development. . . . this book equips the reader to develop their own reflective practice framework."

By Peter Tarrant. Sage Publications Ltd, 2013, 1st edition. 232 pages. Hardcover, paperback & Kindle.

## ***Reflective Practice: Writing and Professional Development***

"Reflection and reflexivity invite critical, sensitive examination of practice, exploration of principles, concepts and ideas, and development of thoughtful self-awareness. . . [this] book explains how expressive and explorative writing, combined with in-depth group work or mentoring, can widen perspectives and give clarity of values, roles, and responsibilities."



By Gillie E J Bolton. Sage Publications Ltd, 2014, 4th Edition. 256 pages. Hardcover, paperback & Kindle.



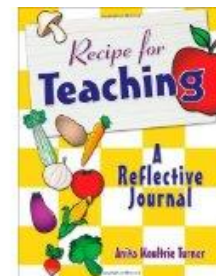
## ***The Reflective Journal***

"Are you being encouraged to reflect more deeply and critically on what you do? If your answer is yes, this uniquely inspiring book is for you. The Reflective Journal is a thoughtful and encouraging introduction to critically reflective practice. "

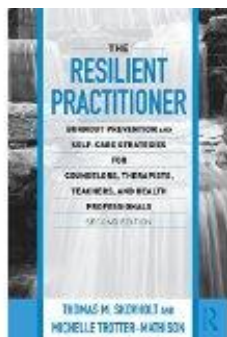
By Barbara Bassot. Palgrave Macmillan, 2013. 192 pages. Paperback.

## ***Recipe for Teaching: A Reflective Journal***

"Ideal as a standalone or as a companion to the book *Recipe for Great Teaching*, this journal offers 'savory morsels' of educational wisdom and opportunities to reflect on your practice."



By Anita Moultrie Turner. Corwin, 2008. 80 pages. Paperback & Kindle.



## ***The Resilient Practitioner: Burnout Prevention and Self-Care Strategies for Counselors, Therapists, Teachers, and Health Professionals***

"Therapists and other helping professionals, such as teachers, doctors and nurses, social workers, and clergy, work in highly demanding fields and can suffer from burnout, compassion fatigue, and secondary stress. . . Vivid real-life examples and self-reflection questions will engage and motivate readers to think about their own work and ways to enhance their own resilience."

By Thomas M. Skovholt & Michelle J. Trotter-Mathison. Routledge, 2nd Edition. 310 pages. Hardcover, paperback & Kindle. Series: Counseling and Psychotherapy Investigating Practice from Scientific, Historical, and C.